



A DIGITAL EDUCATIONAL INITIATIVE FOR EUROPE'S TEENS



What is FActs!

FActs! is an interactive, science-based educational game designed to measure and boost fertility awareness among 15- to 18-year-olds across Europe. It challenges teenagers to test their knowledge on fertility, infertility, lifestyle factors, and sexually transmitted infections (STIs)—key topics that impact reproductive health and future well-being.



FActs! is making an impact across Europe!

Since its launch, the game has been **played in 34 countries**, reaching thousands of teenagers and sparking conversations about **fertility, reproductive health, and lifestyle choices.**

First Scientific Analysis: 5 Diverse Countries











Youth Fertility Awareness: Selected Findings from Assessed Areas

54.7%

accurate responses on

Fertility life span

76.9%

accurate responses on

Infertility diagnose

89.3%

accurate responses on

Lifestyle factors affecting fertility

64.3%

accurate responses on

Sexually transmitted infections (STIs)

Despite differences between countries, the results reveal common knowledge gaps—highlighting the need for improved fertility education in all European countries.



Why Does This Matter?

- **Fertility can be affected early** Key factors for reproductive health begin in adolescence.
- Misinformation has consequences Lack of education can lead to delayed diagnoses and missed warning signs.
- Lifestyle matters Unhealthy habits in youth can impact future fertility.
- **Empowering teens is key** Giving young people the right knowledge today prevents long-term reproductive health challenges.
- It's about more than "healthier futures" Fertility awareness shapes personal choices, well-being, and societal outcomes.



What's Next?

- Expand FActs! to more countries
- Integrate fertility education into school curricula
- Support evidence-based education to empower young people



